

Stick of Butter Conversions

Sticks	Cups	Tablespoon	Weight oz	Weight grams
1/2 stick	1/4 cup	4 tbsp	2 oz	56.7 g
1 stick	1/2 cup	8 tbsp	4 oz	113.4 g
1 1/2 sticks	3/4 cup	12 tbsp	6 oz	170.1 g
2 sticks	1 cup	16 tbsp	8 oz	226.8 g
2 1/2 sticks	1 1/4 cups	20 tbsp	10 oz	284 g
3 sticks	1 1/2 cups	24 tbsp	12 oz	341 g
3 1/2 sticks	1 3/4 cups	28 tbsp	14 oz	398 g
4 sticks	2 cups	32 tbsp	16 oz	453.6 g